

Trans Thoracic Electrocardiogram (TTE)

During the Trans Thoracic Electrocardiogram (TTE), sound waves will be used to take a picture of your heart from the surface of your chest.

What happens during a TTE?

- During a TTE, you will lie on your back or on your left side on a bed or table.
- A small amount of gel will be rubbed on the left side of your chest to help pick up the sound waves.
- A wand is pressed firmly against your chest and moved slowly back and forth.
- The echos from the wand are sent to a video monitor that records pictures of your heart for later viewing and evaluation.
- The room is usually darkened to help the technician see the pictures on the monitor.
- At times you will be asked to hold very still, breathe in and out very slowly, hold your breath, or lie on your left side.

The test usually takes from 45 to 60 minutes depending on how hard it is to get the images

Test preparation:

No special preparation or diet is required for this test.

If you have any questions about the test you have been scheduled for, please call UP Health System - Portage's Cardiopulmonary Services department at 483-1458 from 8 a.m. to 3 p.m. Monday through Friday.